



828-328-CHEF(2433)

<http://www.thedeliverychef.com>

Smoothie King Hickory

The Delivery Chef is a delivery service that delivers food prepared by the above restaurant to the Unifour area of the Catawba Valley. When engaging our services to request a delivery of food from this restaurant, you are hiring the services of a self-employed professional delivery driver. All trademarks are the property of their respective owners. All rights reserved. Prices and availability of all items are subject to change. 828-328-2433

DELIVERY CHEF DRINKS

These drinks/items are supplied by The Delivery Chef, NOT by the restaurant listed above.

SAVE --- Two 2 Liters Of Soda \$4.99

--- SAVE

Get 2 two liters of soda, one for now, and one for later.

Coke 2 Liter	\$2.99
Diet Coke 2 Liter	\$2.99
Mountain Dew 2 Liter	\$2.99
Diet Mountain Dew 2 Liter	\$2.99
Sundrop 2 Liter	\$2.99
Diet Sundrop 2 Liter	\$2.99
Dr. Pepper 2 Liter	\$2.99
Sprite 2 Liter	\$2.99
Pepsi 2 Liter	\$2.99
Diet Pepsi 2 Liter	\$2.99
Ginger Ale 2 Liter	\$2.99
7-UP 2 Liter	\$2.99
Half Gallon Of Sweet Tea	\$3.49
Two Half Gallons Of Sweet Tea	\$5.99
Half Gallon Of Unsweet Tea	\$3.49
Two Half Gallons Of Unsweet Tea	\$5.99
Bag Of Ice	\$2.99
Bottled Water - Ice Cold	\$1.59

In-store special prices and promotions are not available for delivery from Smoothie King.

SLIM BLENDS

Blended to help you slim down, burn fat, get lean or reduce calories.

Angel Food	\$4.79
<i>Strawberries, bananas, raw cane sugar, nonfat milk, vanilla flavor with other natural flavors.</i>	
MangoFest	\$4.79
<i>Mangoes, pineapple mango juice blend, papaya juice blend.</i>	
Island Impact	\$4.79
<i>Pineapples, mangoes, pineapple mango juice blend, papaya juice blend, protein blend.</i>	
Strawberry X-Treme	\$4.79
<i>Strawberries, papaya juice blend.</i>	

GREEK YOGURT

Greek Yogurt Strawberry	\$5.29
Blueberry	
<i>Oikos Greek nonfat yogurt, wild blueberries, strawberries, blueberry juice blend, nonfat milk, protein blend, electrolyte mix, fiber blend enhancer.</i>	
Greek Yogurt Pineapple Mango	\$5.29
<i>Pineapples, mangoes, Oikos Greek nonfat yogurt, bananas, passion fruit juice blend, pineapple mango juice blend, protein blend, nonfat milk, fiber blend enhancer, electrolyte mix.</i>	

LEAN1

- Lean1 Chocolate \$5.29
Lean1 protein, bananas, almonds.
- Lean1 Strawberry \$5.29
Lean1 protein, strawberries.
- Lean1 Vanilla \$5.29
Lean1 protein, bananas, almonds.
- Lean1 Pineapple Mango \$5.29
Lean1 protein, pineapples, mangoes, pineapple mango juice blend.

THE SHREDDER

- The Shredder - Vanilla \$4.79
Gladiator protein, protein blend, diet down enhancer, vanilla flavor with other natural flavors.
- The Shredder - Chocolate \$4.79
100% cocoa, Gladiator protein, protein blend, diet down enhancer, vanilla flavoring with other natural flavors.
- The Shredder - Strawberry \$4.79
Gladiator protein, protein blend, diet down enhancer, strawberries, vanilla flavor with other natural flavors.

SLIM-N-TRIM

- Slim-N-Trim Chocolate \$4.79
Protein blend, bananas, Gladiator protein, Lean1 protein, nonfat milk, 100% cocoa, fiber blend enhancer, Stevia plant-based sweetener.
- Slim-N-Trim Vanilla \$4.79
Bananas, protein blend, Gladiator protein, Lean1 protein, vanilla flavoring with other natural flavors, fiber blend enhancer, Stevia plant-based sweetener.
- Slim-N-Trim Strawberry \$4.79
Strawberries, protein blend, Lean1 protein, Gladiator protein, fiber blend enhancer, Stevia plant-based sweetener.
- Slim-N-Trim Blueberry \$4.79
Wild blueberries, blueberry juice blend, protein blend, Lean1 protein, Gladiator protein, Stevia plant-based sweetener, fiber blend enhancer.

FITNESS BLENDS

Blended to help you get toned, build muscle, last longer or recover faster.

- Coffee High Protein Almond \$5.49
Mocha
Whey protein, protein blend, cold brew coffee, almonds, nonfat milk, dates, 100% cocoa.
- Power Punch Plus \$4.79
Strawberries, bananas, nutrient blend, super grains enhancer.

GLADIATOR

- Gladiator Chocolate (Choose 2 \$5.49
Fruit/Veggies)
Gladiator protein and choice of two fruits/veggies.
- Gladiator Strawberry (Choose 2 \$5.49
Fruit/Veggies)
Gladiator protein and choice of two fruits/veggies.
- Gladiator Vanilla (Choose 2 \$5.49
Fruit/Veggies)
Gladiator protein and choice of two fruits/veggies.

THE ACTIVATOR

- The Activator Chocolate \$5.49
Bananas, coconut water, Gladiator protein, protein blend, 100% cocoa.
- The Activator Strawberry \$5.49
Banana
Strawberry, bananas, coconut water, Gladiator protein.

The Activator Blueberry \$5.49
Strawberry

*Strawberries, coconut water,
blueberry juice blend, Gladiator
protein, wild blueberries.*

ORIGINAL HIGH PROTEIN

Original High Protein Banana \$5.49
*Bananas, whey protein, almonds,
protein blend.*

Original High Protein Chocolate \$5.49
*Dates, whey protein, protein blend,
nonfat milk, almonds, 100% cocoa.*

THE HULK

The Hulk Vanilla \$5.49
*Butter pecan ice cream, bananas,
weight gain blend, raw cane sugar,
super grains enhancer.*

The Hulk Chocolate \$5.49
*Butter pecan ice cream, bananas,
weight gain blend, raw cane sugar,
super grains enhancer, 100% cocoa.*

The Hulk Strawberry \$5.49
*Butter pecan ice cream,
strawberries, bananas, weight gain
blend, raw cane sugar, super grains
enhancer*

PEANUT POWER PLUS

Peanut Power Plus Chocolate \$5.49
*Dates, bananas, peanut butter,
protein blend, nonfat milk, 100%
cocoa.*

Peanut Power Plus Strawberry \$5.49
*Strawberry, bananas, peanut
butter, dates, nonfat milk, protein
blend.*

TAKE A BREAK BLENDS

*Blended to reward yourself, take a
break or simply enjoy the day.*

Banana Boat \$4.79
*Bananas, vanilla frozen yogurt,
protein blend, raw cane sugar.*

Yogurt D-Lite (Choose 1 \$4.79
Fruit/Veggie)
*Vanilla frozen yogurt, choice of one
fruit/veggie, protein blend, raw cane
sugar, nonfat milk.*

Berry Punch \$4.89
*Strawberries, raspberries,
blueberry juice blend, wild
blueberries; electrolyte mix.*

Pineapple Surf \$4.89
*Pineapple, strawberries, kiwi juice
blend, protein blend, vanilla flavor
with other natural flavors, raw cane
sugar.*

Banana Berry Treat \$4.89
*Strawberries, raspberries,
bananas, protein blend, papaya juice
blend.*

Muscle Punch \$4.79
*Strawberries, bananas, raw cane
sugar, nonfat milk, super grains
enhancer, whey protein, vanilla flavor
with other natural flavors.*

Caribbean Way \$4.79
*Strawberries, bananas, papaya
juice blend, raw cane sugar.*

Strawberry-Kiwi Breeze \$4.79
*Strawberries, kiwi juice blend,
papaya juice blend, protein blend.*

Lemon Twist Strawberry \$4.59
*Strawberries, lemon juice blend,
papaya juice blend, raw cane sugar.*

Passion Passport \$4.69
*Passion fruit juice blend, bananas,
pineapple mango juice blend, papaya
juice blend, raw cane sugar.*

WELLNESS BLENDS

Blended to help you strengthen

immunity, balance your diet or simply

feel better.

Wellness Blends - Daily Warrior \$4.99

Wild blueberries, bananas, peanut butter, dates, almonds, organic spinach, blueberry juice blend, Stevia plant-based sweetener.

Wellness Blends - The \$4.99

Premama

Bananas, raspberries, wild blueberries, apple juice, organic spinach, protein blend, Stevia plant-based sweetener, Premama prenatal multivitamin.

Wellness Blends - Green Tea \$4.99

Tango (Choose 1 Fruit/Veggie)

Vanilla frozen yogurt, raw cane sugar, protein blend, Matcha green tea, choice of one fruit/veggie.

Wellness Blends - Blueberry \$4.99

Heaven

Wild blueberries, blueberry juice blend, bananas, protein blend, lemon juice blend.

VEGAN

Vegan - Mango Kale \$4.99

Bananas, mangoes, pineapple mango juice blend, apple juice, kale, almonds, Sunwarrior organic warrior blend protein.

Vegan - Nutty Super Grain \$4.99

Almond milk, bananas, peanut butter, apple juice, Sunwarrior organic warrior blend protein, super grains enhancer, vanilla flavor with other natural flavors, 100% cocoa.

Vegan - Dark Chocolate \$4.99

Banana

Bananas, dates, wild blueberries, 100% cocoa, Sunwarrior organic warrior blend protein, vanilla flavor with other natural flavors.

Vegan - Pineapple Spinach \$4.99

Pineapples, bananas, organic spinach, pineapple mango juice blend, organic carrots, lemon juice blend, almonds, Sunwarrior organic warrior blend protein, Stevia plant-based sweetener.

IMMUNE BUILDER

Immune Builder - Mixed Berry \$4.99

Strawberries, raspberries, bananas, blueberry juice blend, almond milk, wild blueberries, immune support enhancer.

VEGGIE BLENDS

Veggie Blends - Apple Kiwi \$4.99

Kale

Kale, apple juice, kiwi juice blend, bananas, electrolyte mix.

Veggie Blends - Carrot Kale \$4.99

Dream

Bananas, pineapple mango juice blend, organic carrots, lemon juice blend, kale, protein blend, electrolyte mix.

Veggie Blends - Lemon Ginger \$4.99

Spinach

Mangoes, pineapple, lemon juice blend, organic spinach, organic carrots, kale, papaya juice blend, organic ginger, Stevia plant-based sweetener.

PURE RECHARGE

Pure Recharge - Mango \$4.79

Strawberry

Strawberries, mangoes, pure recharge enhancer, pineapple mango juice blend, electrolyte mix.

Pure Recharge - Strawberry \$4.79

Strawberries, pure recharge enhancer, electrolyte mix, nutrient mix, protein blend.

KIDS CUPS

Blended to make you kids happy and healthy.

- Lil Angel \$3.49
Strawberries, bananas, kids multi-vitamin enhancer.
- Strawberry Bluegurt Blitz \$3.49
Oikos nonfat Greek yogurt, strawberries, blueberry juice blend, nonfat milk, protein blend, electrolyte mix, kids multivitamin enhancer.
- Choc-A-Laka \$3.49
Vanilla frozen yogurt, 100% cocoa, kids multivitamin enhancer, raw cane sugar, protein blend.

CONDIMENTS, NAPKINS & SILVERWARE

Please let us know below if you will need any condiments, napkins or silverware with your order.

- Please Include Silverware
- Please Include Napkins
- Please Include Ketchup
- Please Include Mustard
- Please Include Mayonnaise
- Please Include Salt
- Please Include Pepper

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